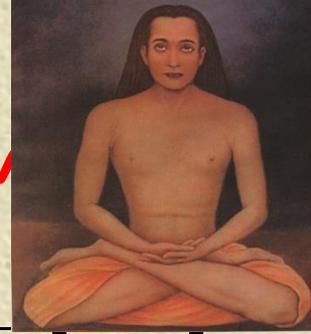


'Transcending the 'Rat' in my Bureauc'rat' Self

"My Own Li'l Experiments with Truth"



# 'A Quick Reality Check'



- ✦ Only the frustrated will criticise Civil Services
- ✦ किसकी नौकरी करते हो... Part of 'सत्ता'.. नौकरी or सेवा
- ✦ सरकारी नौकरी मानव शरीर के समान है, जिसके लिए देवता भी तरसते हैं
- ✦ These are '*Opportunities to Serve*'. Fast track to 'मोक्ष'
- ✦ Take pride in your service. But remember the Board of Honours
- ✦ Also remember how we are hated today and Why ? '*Neither Civil, Nor Service*'?
- ✦ Arrogance compounded by Ignorance – '*Soul less*'
- ✦ If reformed, Civil Service alone can change the destiny of India

# Left and Right Brain Functions



## Left-Brain Functions

Analytic thought

Logic

Language

Science and math

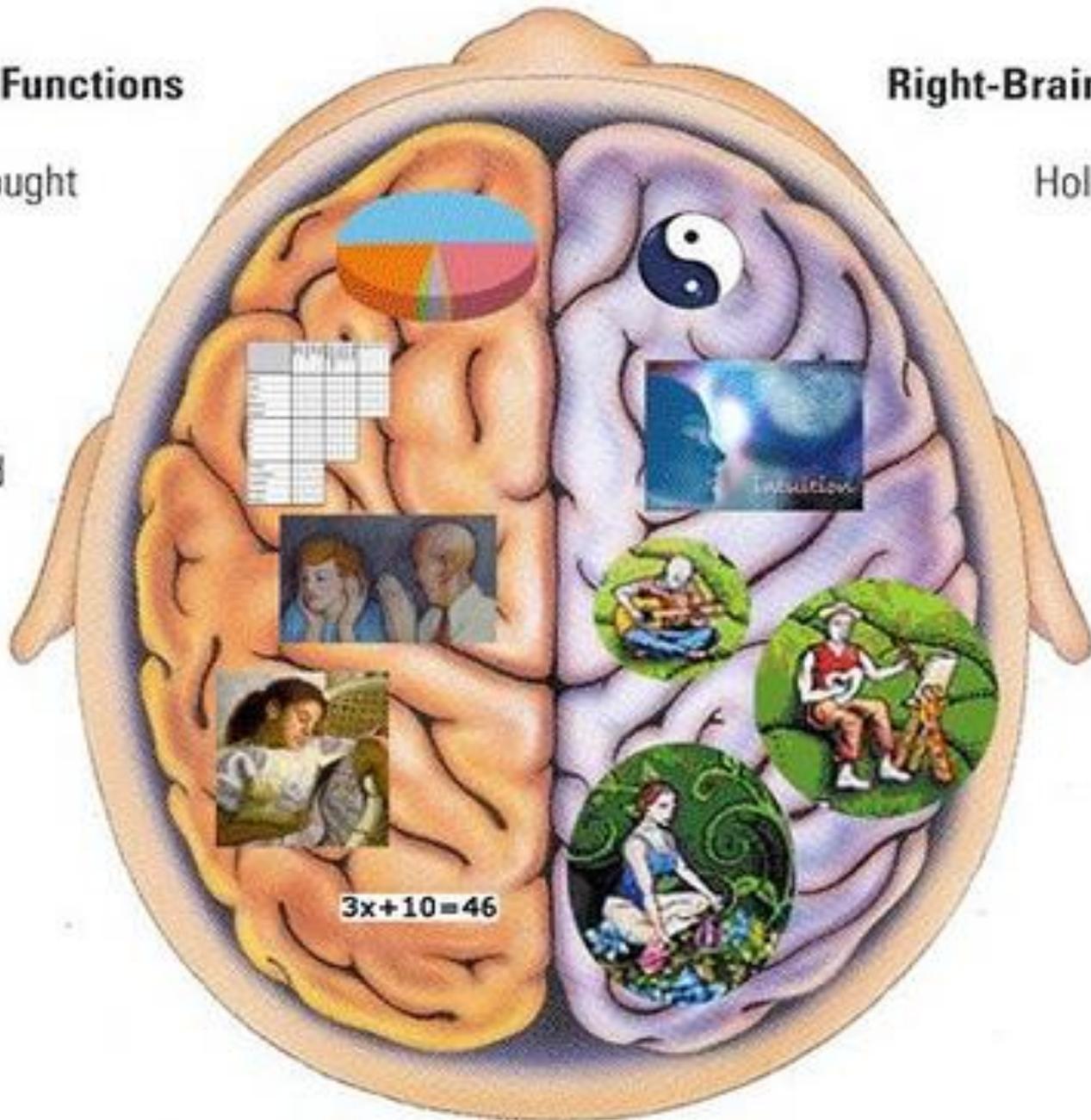
## Right-Brain Functions

Holistic thought

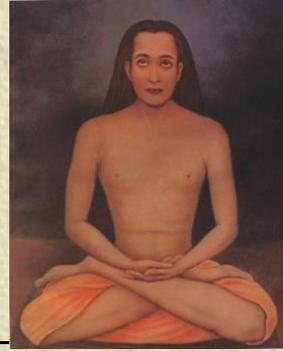
Intuition

Creativity

Art and music



# Too much of it!



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## 'Left Brain - Right Brain'

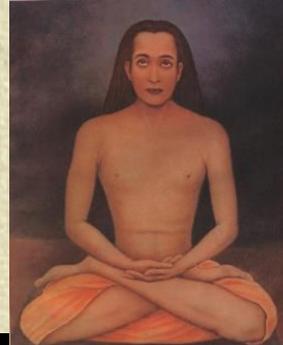
Scientific Temper caters only to  
Left Brain....No?

Either Discard Right Brain

or

Provide for it.

# Left with Perishables?

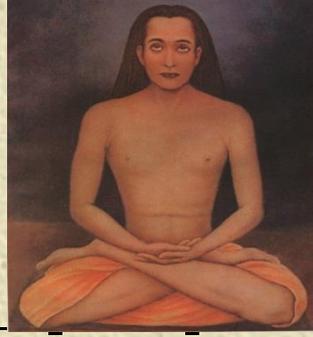


Nothing right  
in my left  
Brain



Nothing left  
in my right  
Brain

# 'Ancient Vs Modern'



## 'Ancient Wisdom' Vs 'Modern Beliefs'

✦ 'सर्वे भवन्तु सुखिनः..

'कर लो दुनिया मुट्टी में....

✦ 'लोकासमस्तः सुखिनो भवन्तु ...

'Win - Win'

✦ 'ईशावास्य इदं सर्वम....

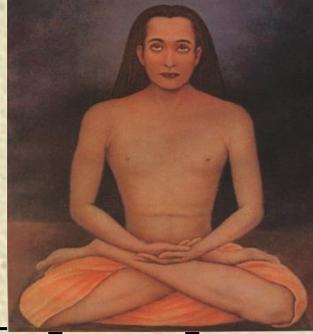
'Corruption is universal all pervading...

✦ 'मन ही देवता मन ही ईश्वर....

'Money' ही देवता, 'Money' ही ईश्वर..

# Why this degeneration?

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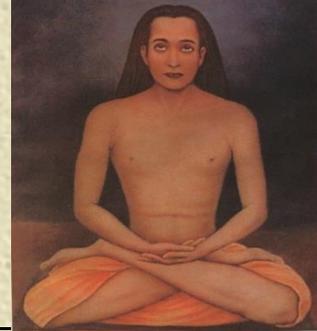
✦ Destruction of traditions

✦ Phone connection instant, values to be learnt in coaching classes

✦ Hypocrisy

✦ Lord Macaulay's Conspiracy

# 'Lord Macaulay's address to British Parliament 2.2.1835'



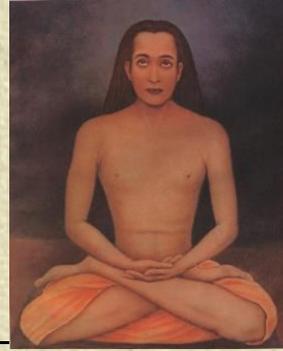
✦ *"I have travelled across the length and breadth of India and I have not seen one person who is a beggar, who is a thief. Such wealth I have seen in this country, such high moral values, people of such caliber, that I do not think we would ever conquer this country, unless we break the very backbone of this nation, which is her spiritual and cultural heritage and therefore, I propose that we replace her old and ancient education system, her culture, for if the Indians think that all that is foreign and English is good and greater than their own, they will lose their self esteem, their native culture and they will become what we want them, a truly dominated nation"*

# 'The Secret of Our Failure'

- 
- ✦ Hypocrisy
  - ✦ Mediocrity
  - ✦ False Pride – Theoretical bragging, Thesis on Pranayam
  - ✦ Thought, Word and Deed – completely out of alignment . Total Lack of Integrity
  - ✦ Lack of Character, Convictions , Courage, Caliber, Compassion and Creativity ( **As one integrated Virtue**)
  - ✦ Scarcity of leaders – Everyone turns out to be a disappointment ?

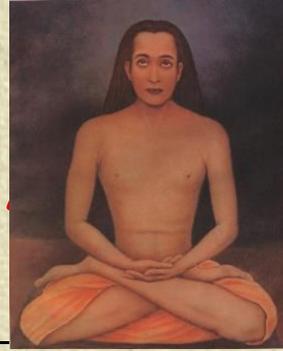
'तमाशाई समझे सांप निकलेगा पिटारी से,  
मदारी खुद परेशां है कि क्यूँ चूहा निकलता है'

# Diagnosis



- 
- ✓ Ancient 'Spiritual Beacon' of the world today is the habitat of '**Spiritually Challenged**' citizens.
  - ✓ The Need is to have "Special Schools" for them
  - ✓ **Man making is the only solution**
  - ✓ '**Awaken**' as against facilitate '**Sleep Walking**'

# Assessment of the Situation



✦ क्या कोई उम्मीद बाकि नहीं है....सब खत्म हो चुका है ???

✦ क्रिकेट

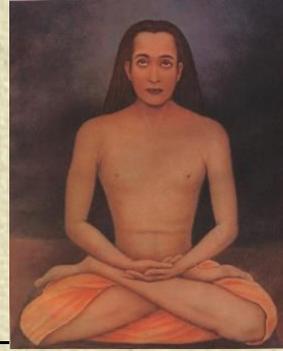
✦ विश्व सुंदरी प्रतियोगिता & Cat Walks,

✦ राखी सावंत का स्वयंवर

✦ Gay Rights

✦ बिग बॉस..

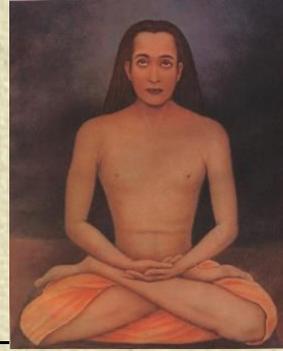
# Beware !Life is..



- 
- ✦ A Train Journey
  - ✦ A sting Operation- Auto Save even thoughts
  - ✦ An Examination – 2 to 5, ATKT, Open Day
  - ✦ A Film- How to react to a film?

# Awareness or Ignorance?

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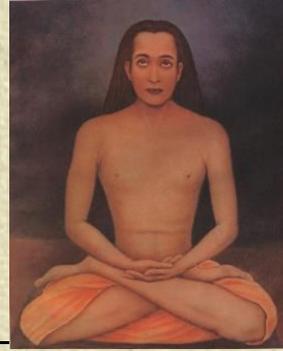


✦ House on Fire

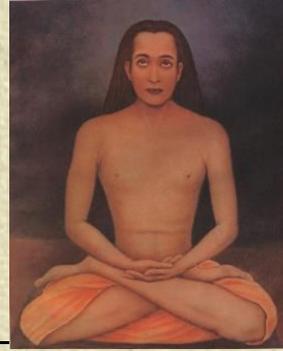
✦ Alterations to Hotel Room

✦ Finger in the Eye

# Three Possibilities



- 
- ✦ Continue to Sleep walk
  - ✦ Use the Torch Light – Individual Ego Driven – Fragmented Intellectual brilliance
  - ✦ Switch 'ON' the Lights – Awakening
  - ✦ Awakening along with Discrimination is Enlightenment

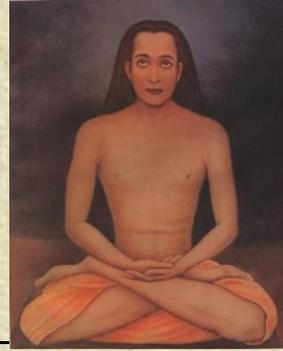


# 'The Four P's of Human Life'

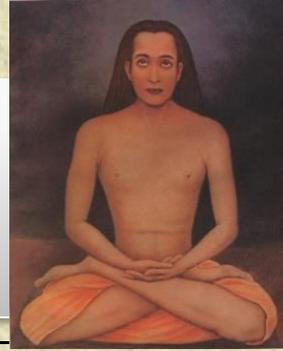
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- ✦ Purpose : 'तमसो माँ ज्योतिर्गमय .....
- ✦ Principle: 'Oneness of Entire Existence'
- ✦ Process: 'Navigation in Human Mode'
- ✦ Protocol: 'Let Spirit Lead the Matter'

# 'Hence Spirituality'



- Spirituality – Most promiscuously used word.
- 'पूर्णमदः पूर्णमिदं'
- 'योग' Vs 'Yoga' – Know all attitude
- DOB ? मैं जिन दिनों तेरे....
- Ignorance about Who am I? Where am I?  
(Posting without designation)
- Only wise to know at least the purpose , if not the design of the machine.



# 'Consequences of Ignorance'

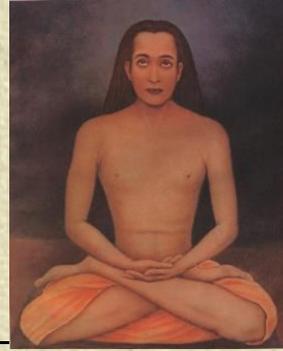
- ✓ काम - Desires
- ✓ क्रोध - Anger
- ✓ मद - (Arrogance) Intoxication of wealth/Power

(Very familiar afflictions associated with Civil Service)

- ✓ मोह - Attachment
- ✓ लोभ - Greed
- ✓ राग - Preference /Liking
- ✓ द्वेष - Malice/Aversion

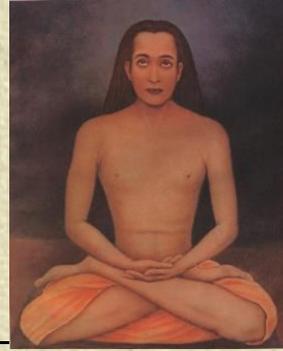
All these are the defects of Software

# Urgency for young people?



- Normal tendency is Saint be born in neighbor's house. **नॉर्मल हो जायेगा.**
- That the Examination is 'ON' is not known.
- Not for the tired and retired.
- Map study before setting out in search.
- One feels very hopeless at 50-55.

# 'System Protocol'

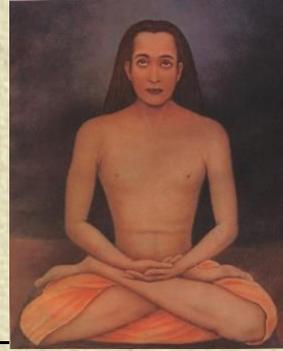


## Why is the system crumbling?

- ✦ 'व्यवस्था' of any Organization, depends on the 'अवस्था' of its Managers.
- ✦ That the quality of your being, will decide the quality of your doing. Hence, of your living"

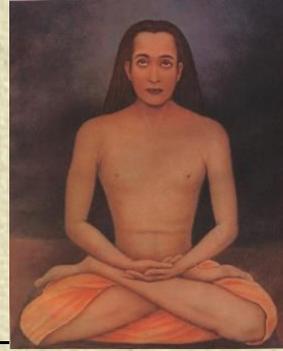
"Corporate Spiritual Responsibility"

# 'अवस्था' Denotes



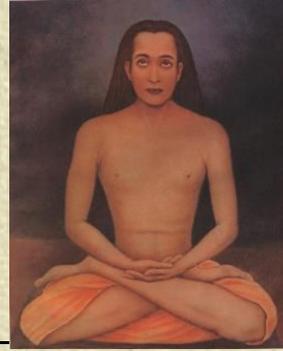
- 
- ✦ The Extent of alignment with Core Principles of Existence- 4Ps of life
  - ✦ The 'Operating System'- Higher OS for Cloud Computing
  - ✦ As is the 'अवस्था' so are the 'Thoughts, Words and Deeds and also Needs'

# 'Enlightened Living'



- 
- ✦ Done well for 'Him-self' Vs His-'Self'
  - ✦ Not just 'Monetary Settlement' but also 'Spiritual Balance Sheet'
  - ✦ Direction of movement – A-H-D
  - ✦ Link 'अवस्था' to Livelihood, Progress – 'Executive Spiritual Check up'
  - ✦ Gauge Spiritual Level- 'Spiritual MRI', 'Spiritual Lipid Profile'
  - ✦ *'Integrated Spiritual Evaluation Index'*  
**(INSPIRE-INDEX)**

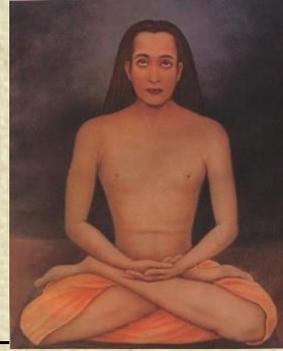
# 'Objectives'



- ✦ "Corporate Goals to be fine tuned and aligned with the Highest Goal of Human life"
- ✦ Link Spiritual Level to livelihood, career growth
- ✦ Strict No to '*Spiritually Challenged*' at senior level
- ✦ *Spiritually Challenged to necessarily start at lower levels*
- ✦ Check Their 'Spiritual Alignment' Periodically
- ✦ Conduct Rules – '*यम - नियम*' at least if not '*आसन*' and beyond...
- ✦ Invest in 'Awakening' of your employees not just feeding the 'Comatose' and perpetuating the 'Sleepwalking'
- ✦ Ask Spiritual Horoscope of the Company

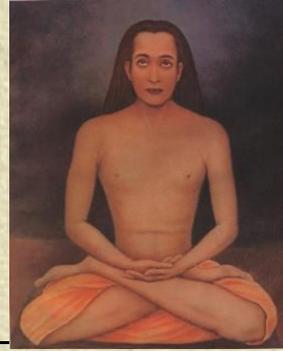
# 'Technology of Spirituality'

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1. Internet is the greatest Spiritual discovery of last century.
2. Factory fitted SIM Card.

# Factory fitted SIM Card



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✦ Service Providers

✦ Network and Mobile

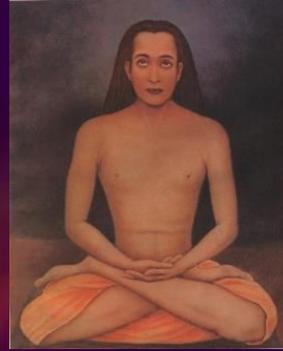
✦ Battery, Net-work, Talk Time

✦ Portability of Number

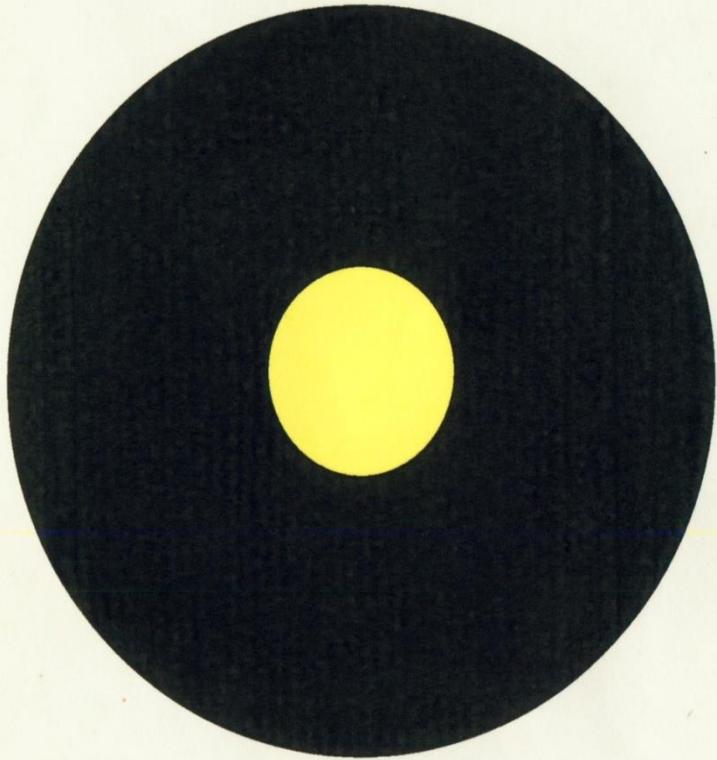
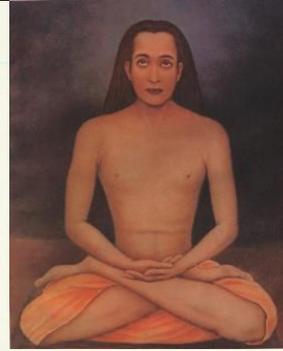
✦ Prayer – A missed call to God

✦ Pre-paid Mode

✦ Entry Level Mobile

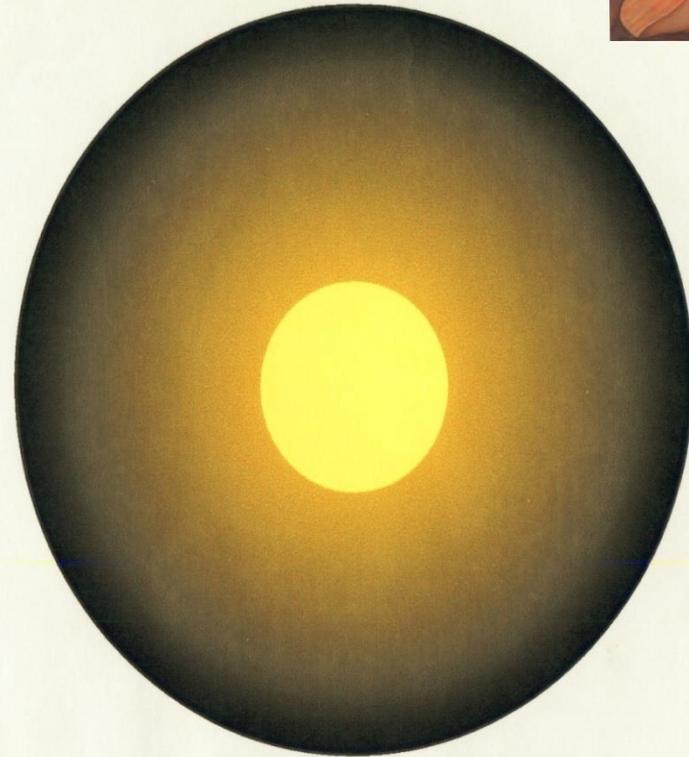


# The Embodied Soul



**Jivâ**

**Embodied Soul**

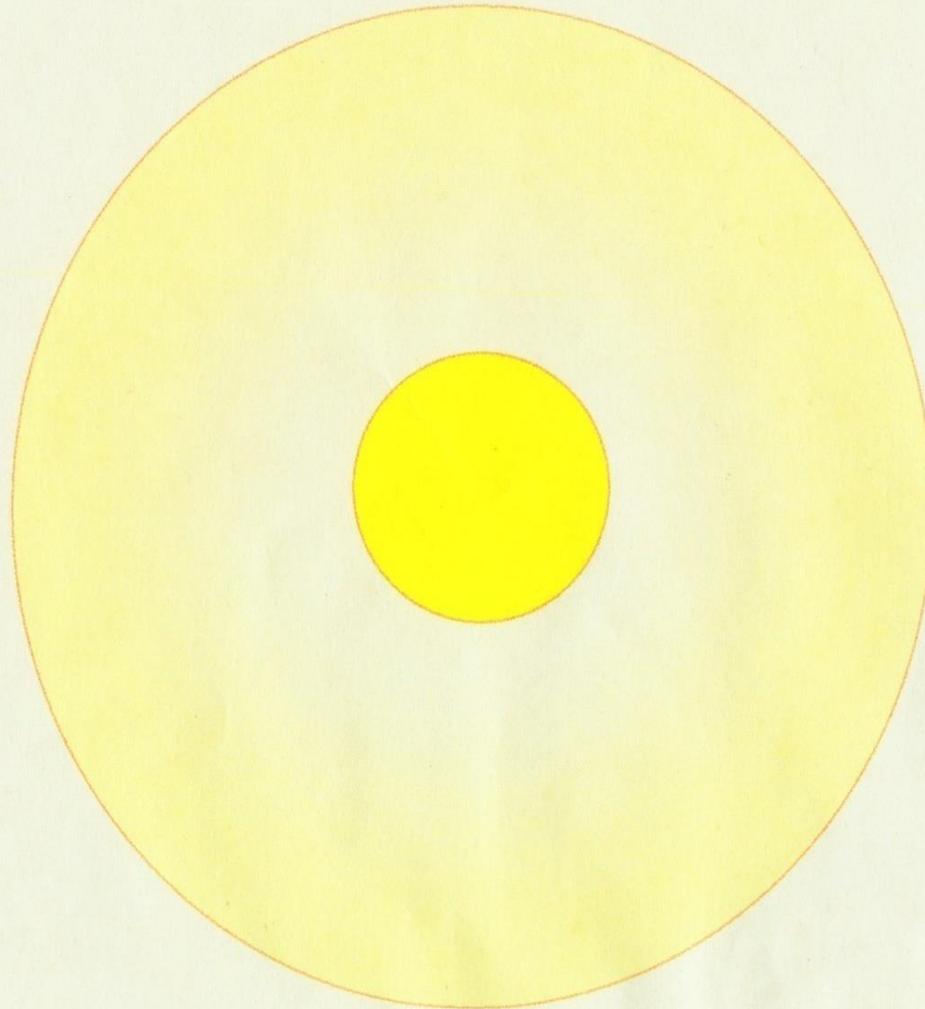
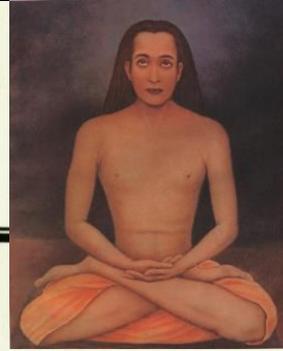


**Jivâtâmâ**

**Embodied Soul Doing  
Spiritual Practice**

# God Realised Soul

---



"Illusions

of

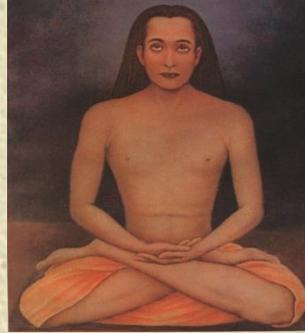
Grandeur"

---

'I, Me, Myself  
Syndrome'

---

"The Ego Smasher"



**POWER OF 10**

**ZOOM**

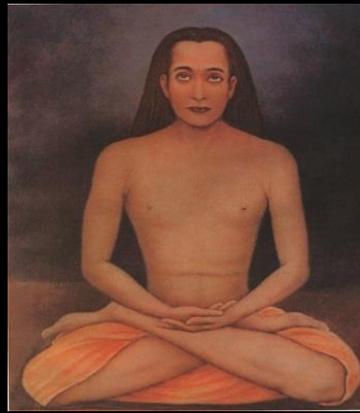
**FROM MICRO TO  
MACROCOSMOS**

**This is a trip at high speed,  
jumping distances by factor of 10.**

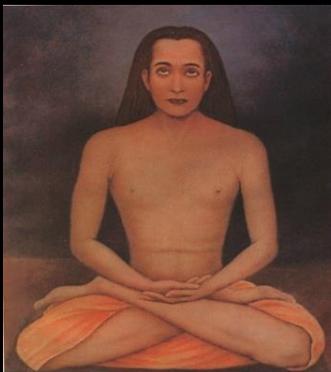
**Start with  $10^0$  equivalent to 1 meter, and increasing sizes by factor of 10s ,or  $10^1$  (10 meters),  $10^2$  ( $10 \times 10 = 100$  meters),  $10^3$  ( $10 \times 10 \times 10 = 1.000$  meters),  $10^4$  ( $10 \times 10 \times 10 \times 10 = 10.000$  meters), so on, until the limit of our imagination in direction to the macrocosmos.**

**Later let's return, a little faster, up to the point where we started and continue our trip in the opposite direction reducing distances of travel by factors of 10 into the microcosmos.**

**Observe the constancy of the laws of the universe and think about how much the human race still needs to learn...**



**BON VOYAGE!**

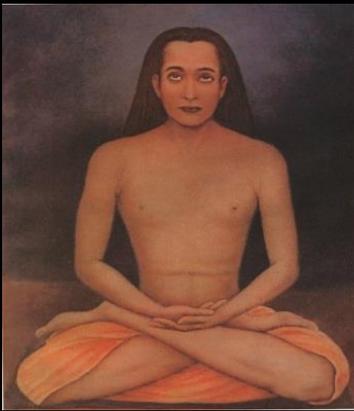


**$10^0$**

**1meter**

**Distance  
to a bunch of  
leaves,  
in the garden**





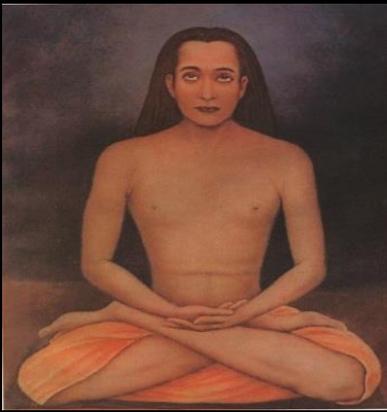
**$10^1$**

**10 meters**

**Start our trip  
upwards ....**

**We could see the  
foliage.**

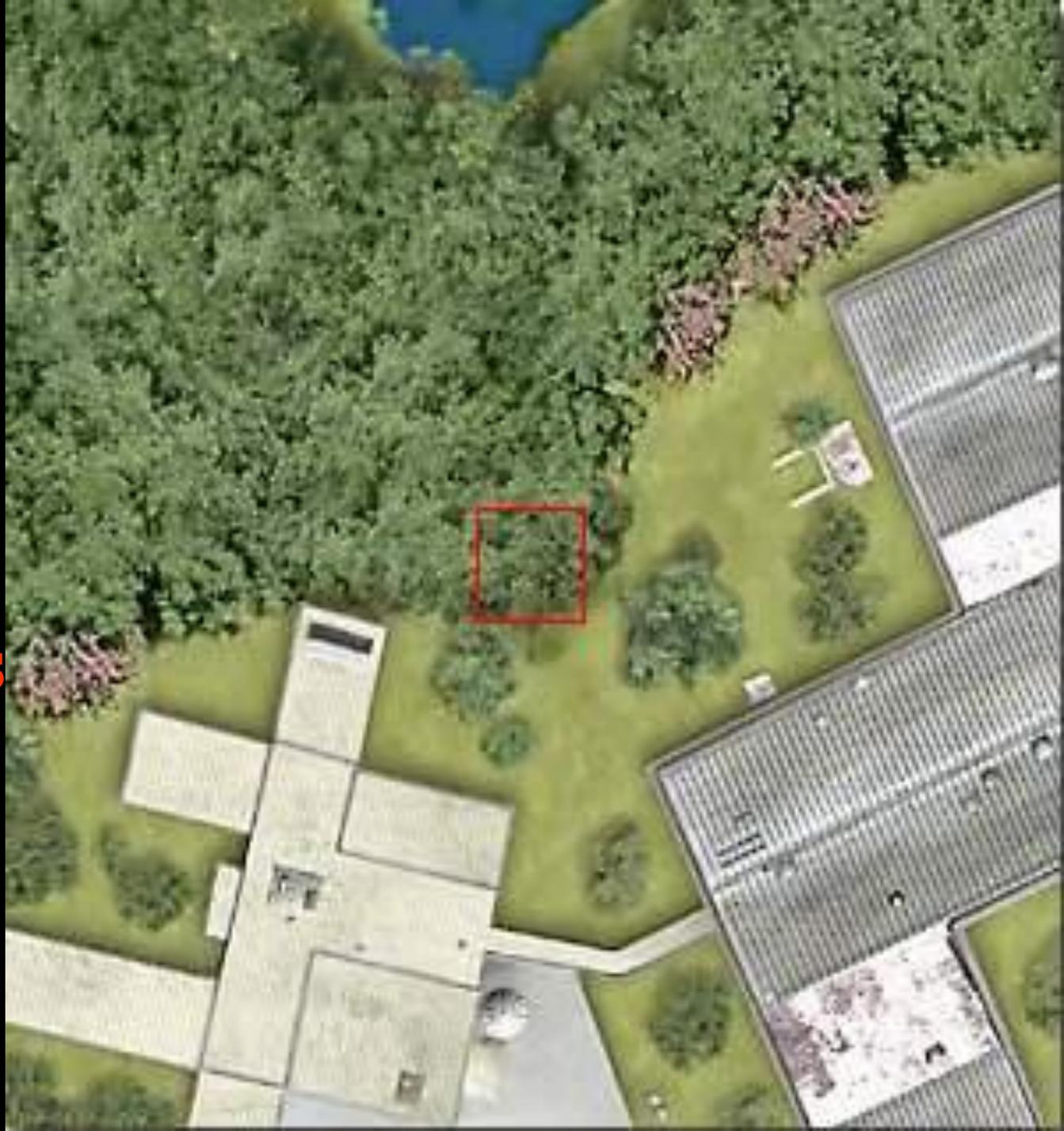


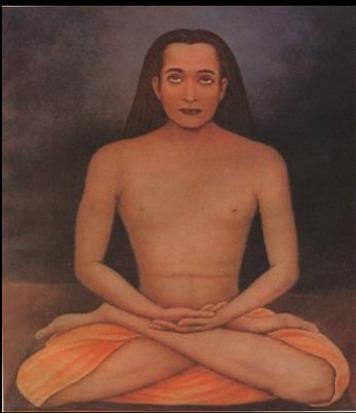


**$10^2$**

**100 meters**

**At this distance  
we can see the  
limits of the  
forest and the  
edifications**





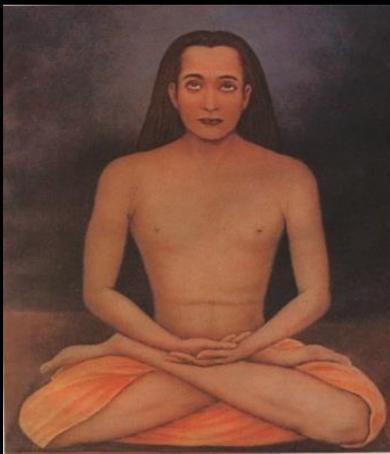
**$10^3$**

**1 km**

**We will pass from  
meters to  
kilometers..**

**Now it is possible  
to jump with a  
parachute ...**



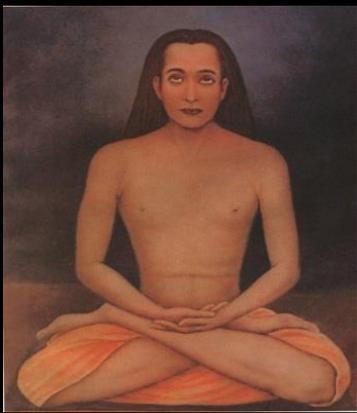


**$10^4$**

**10 km**

**The city could be  
observed but we  
really can not see  
the houses**



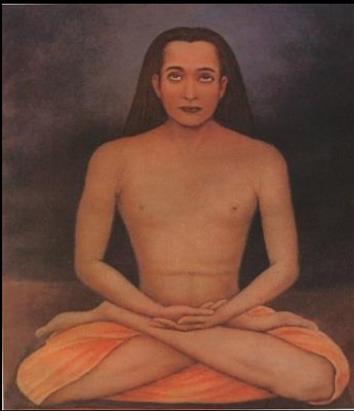


**$10^5$**

**100 km**

**At this height,  
the state of  
Flórida - USA,  
can be seen..**



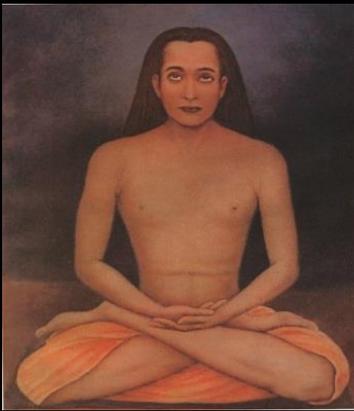


**$10^6$**

**1.000 km**

**Typical sight  
from a satellite**



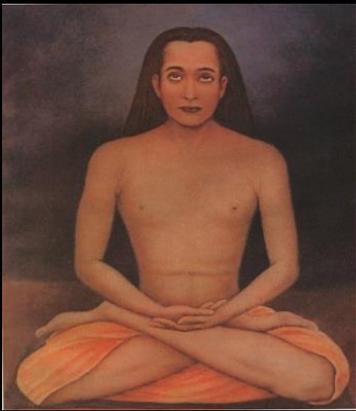


**$10^7$**

**10.000 km**

**The north  
hemisphere  
of Earth,  
and part of South  
America**



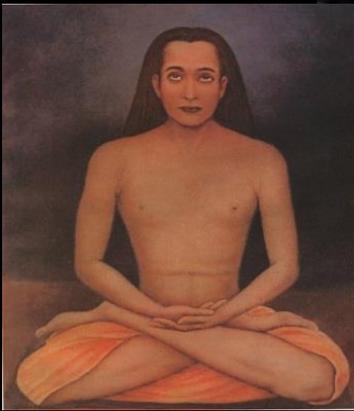


**$10^8$**

**100.000 km**

**The Earth  
starts looking  
small...**

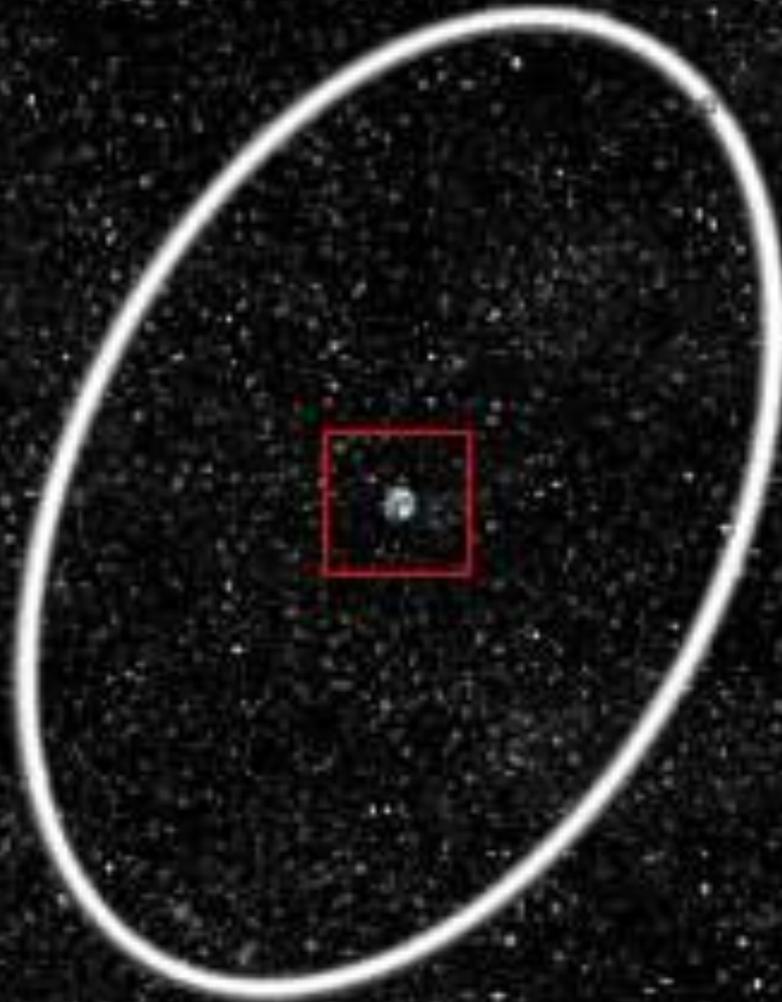


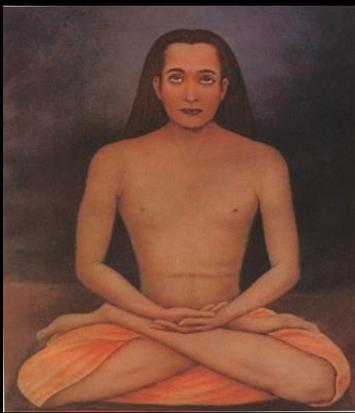


**$10^9$**

**1 millón de km**

**The Earth and  
the Moon's  
órbit in  
white....**



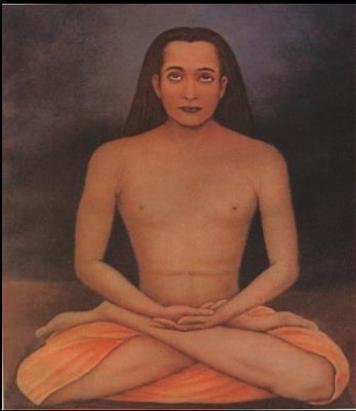


**$10^{10}$**

**10 Millions de km**

**Part of the  
Earth's Orbit  
in blue**

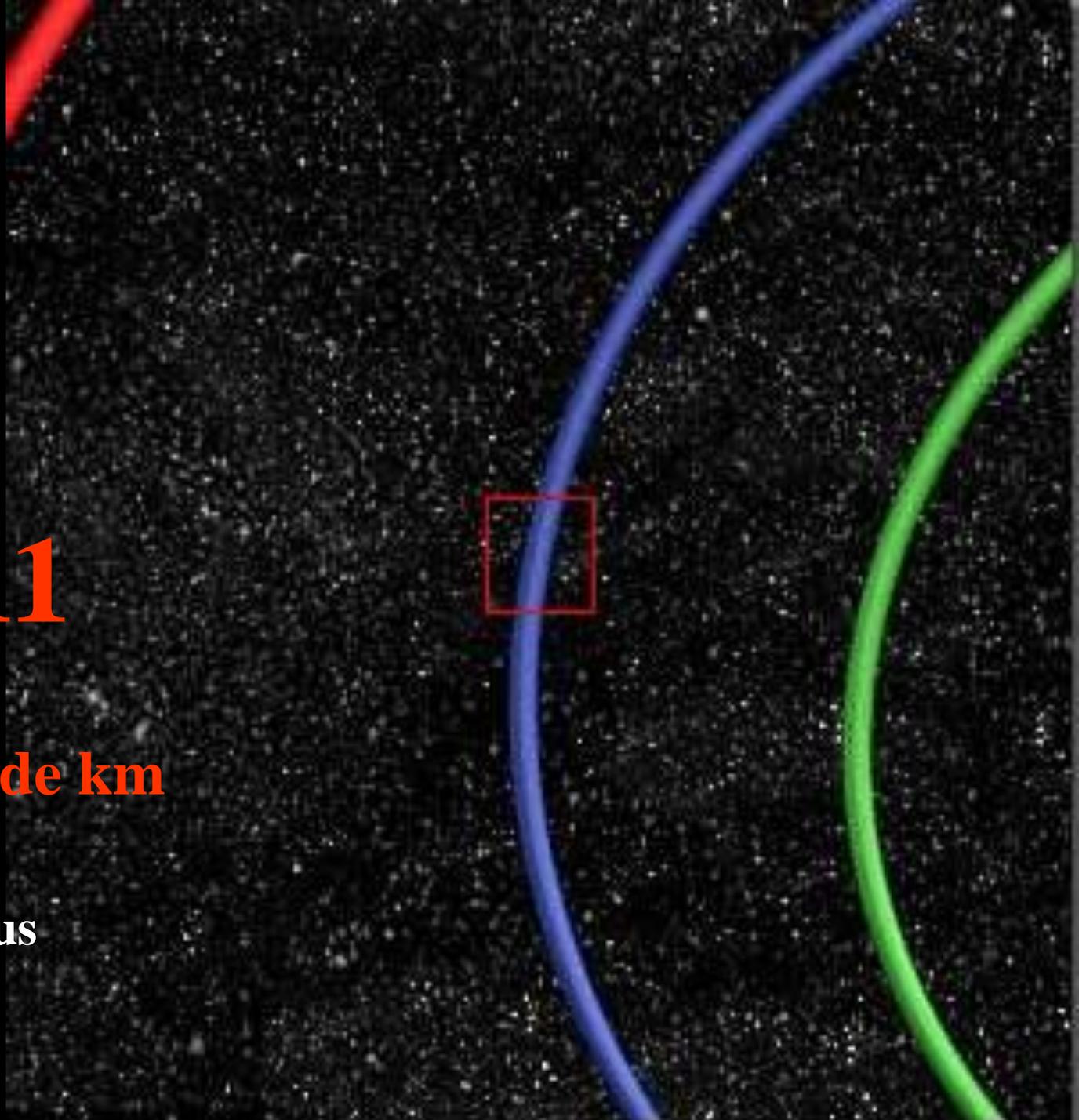


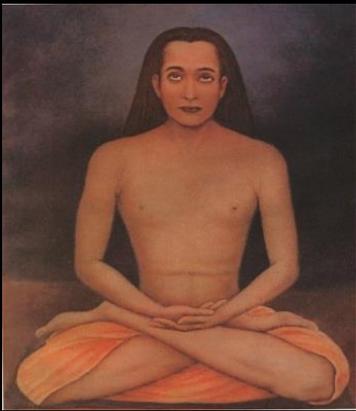


**$10^{11}$**

**100 millions de km**

**Órbits of: Venus  
and  
Earth...**



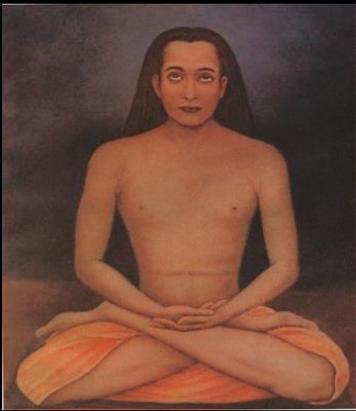


**$10^{12}$**

**1 billón de km**

**Órbits of:  
Mercury, Venus,  
Earth, Mars and  
Júpiter.**

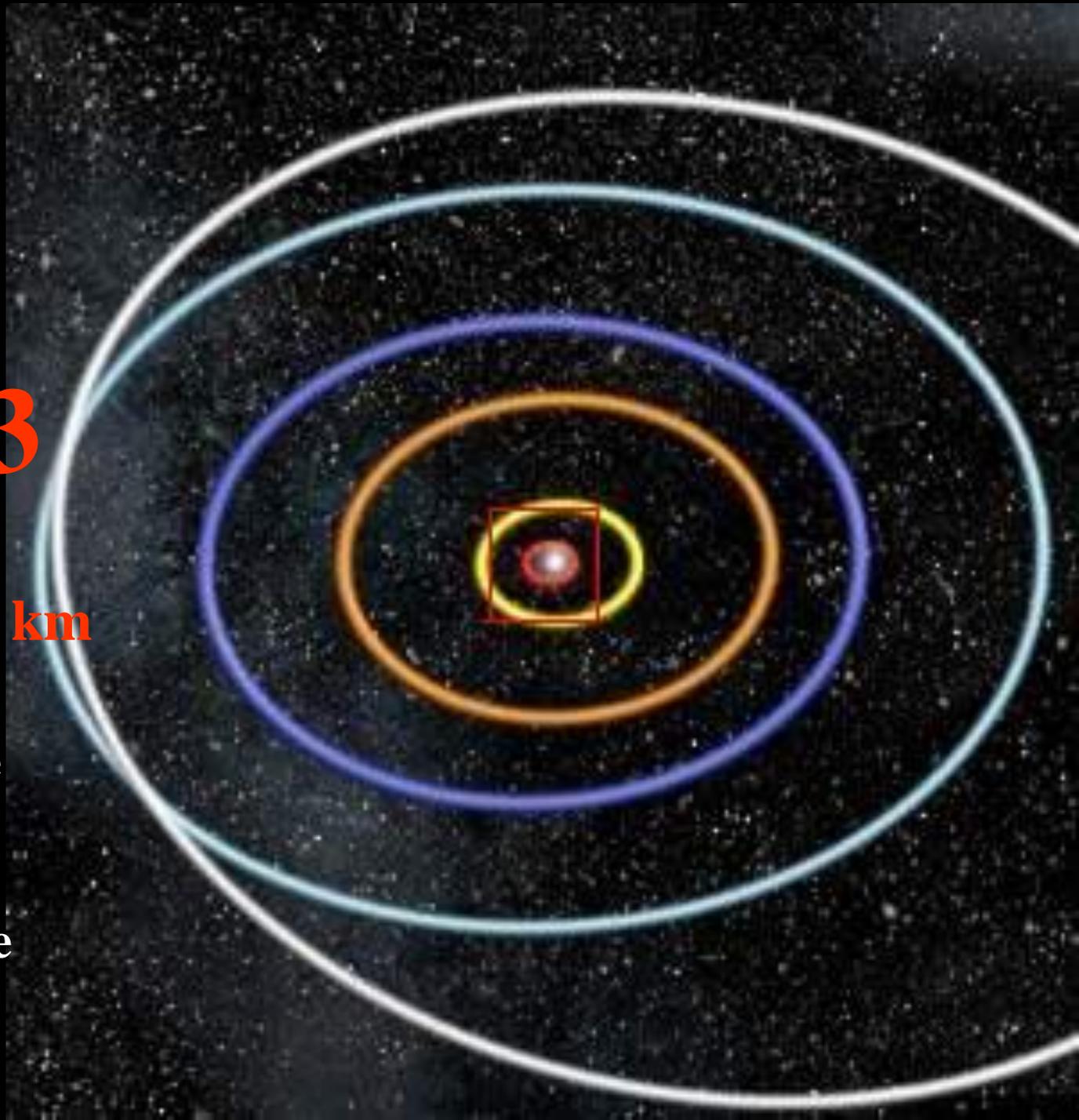


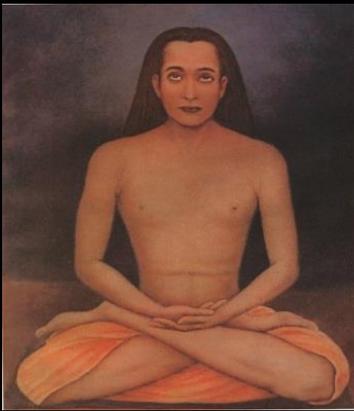


**$10^{13}$**

**10 billions de km**

**At this height  
of our trip, we  
could observe  
the Solar  
System and the  
orbits of the  
planets**



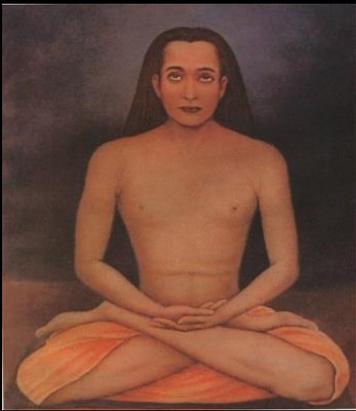


**$10^{14}$**

**100 Billons de km**

**The Solar System  
starts looking  
small...**



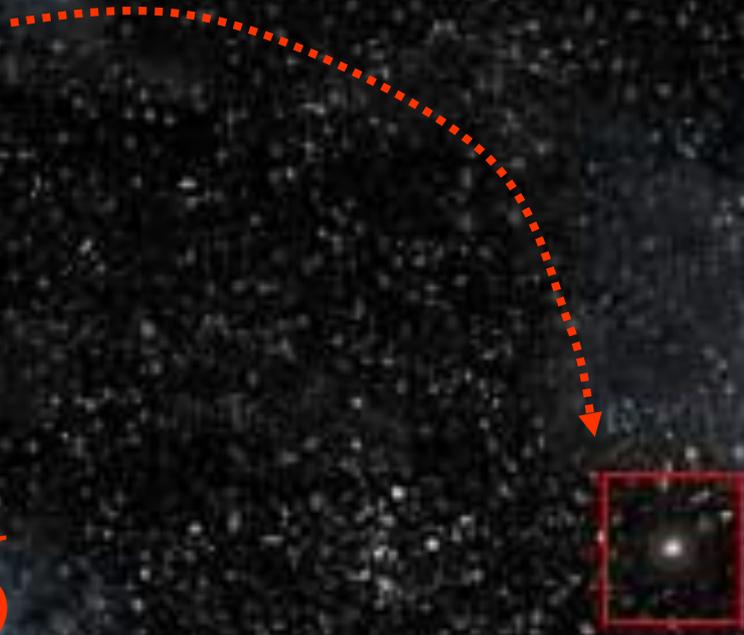
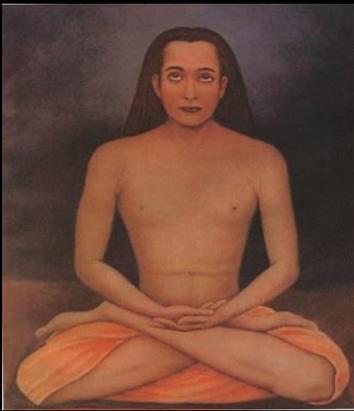


**$10^{15}$**

**1 trillón de km**

**The Sun now is a  
small star in the  
middle of  
thousands of  
stars...**

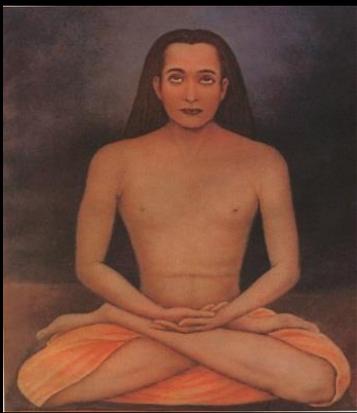




**$10^{16}$**

**1 light-year**

**At one light-year  
the little Sun star is  
very small**

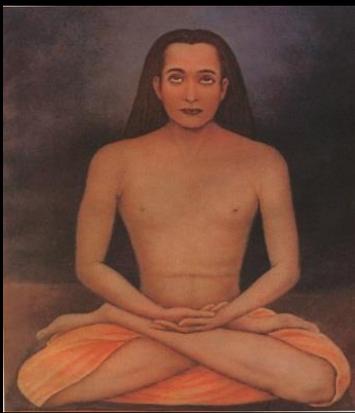


**$10^{17}$**

**10 light-year**

**Here we will see  
nothing in the  
infinity....**



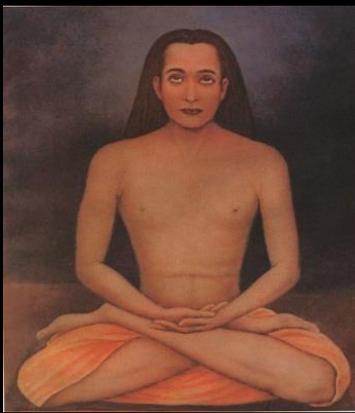


**$10^{18}$**

**100 light-years**

**“Nothing”  
Only stars and  
Nebulae...**

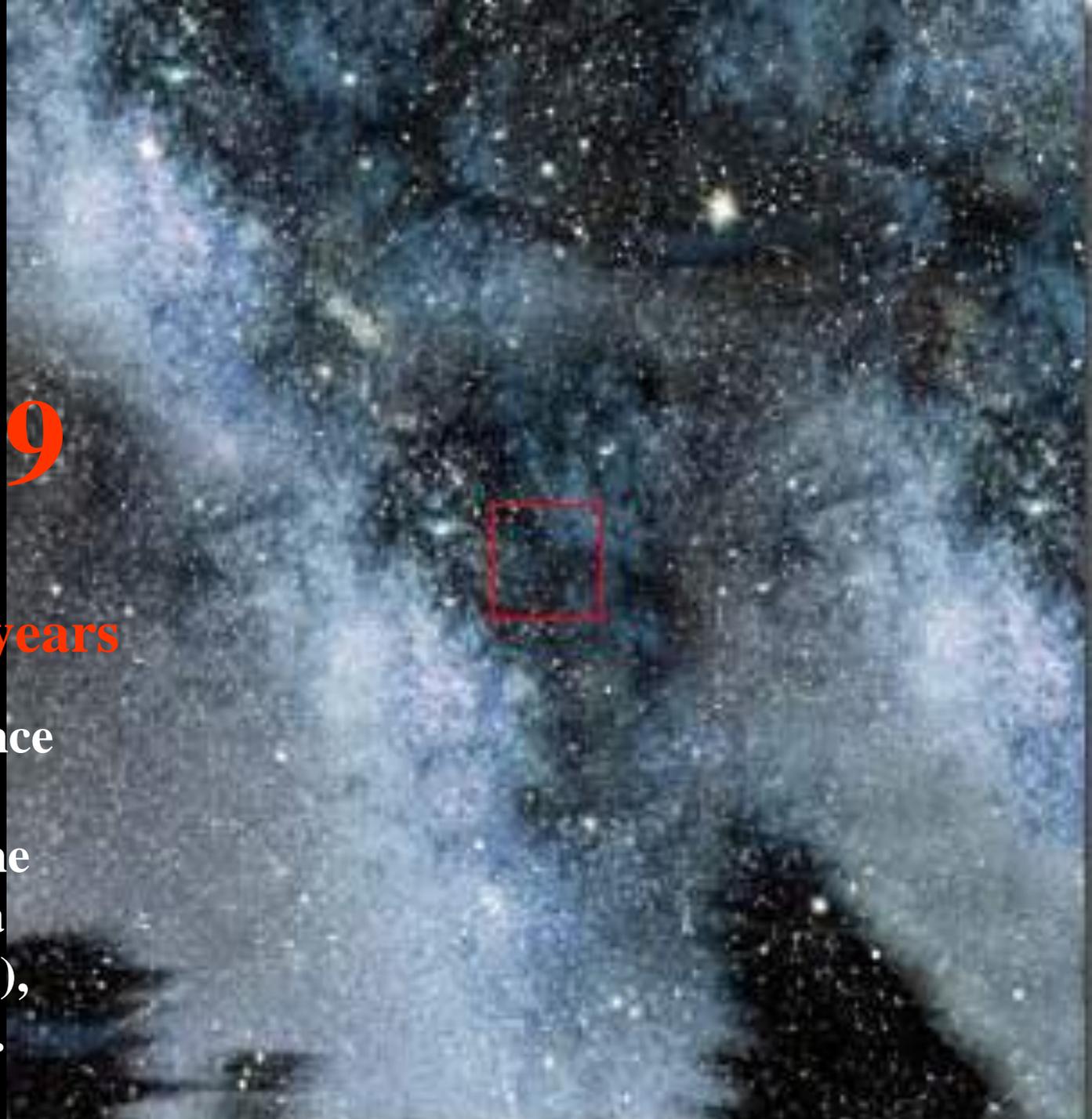


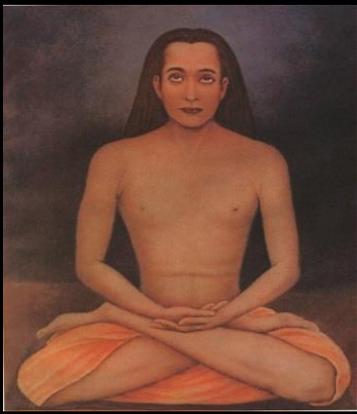


**$10^{19}$**

**1,000 light-years**

**At this distance  
we started  
travelling the  
Via-Láctea  
(Milky Way),  
our galaxy.**

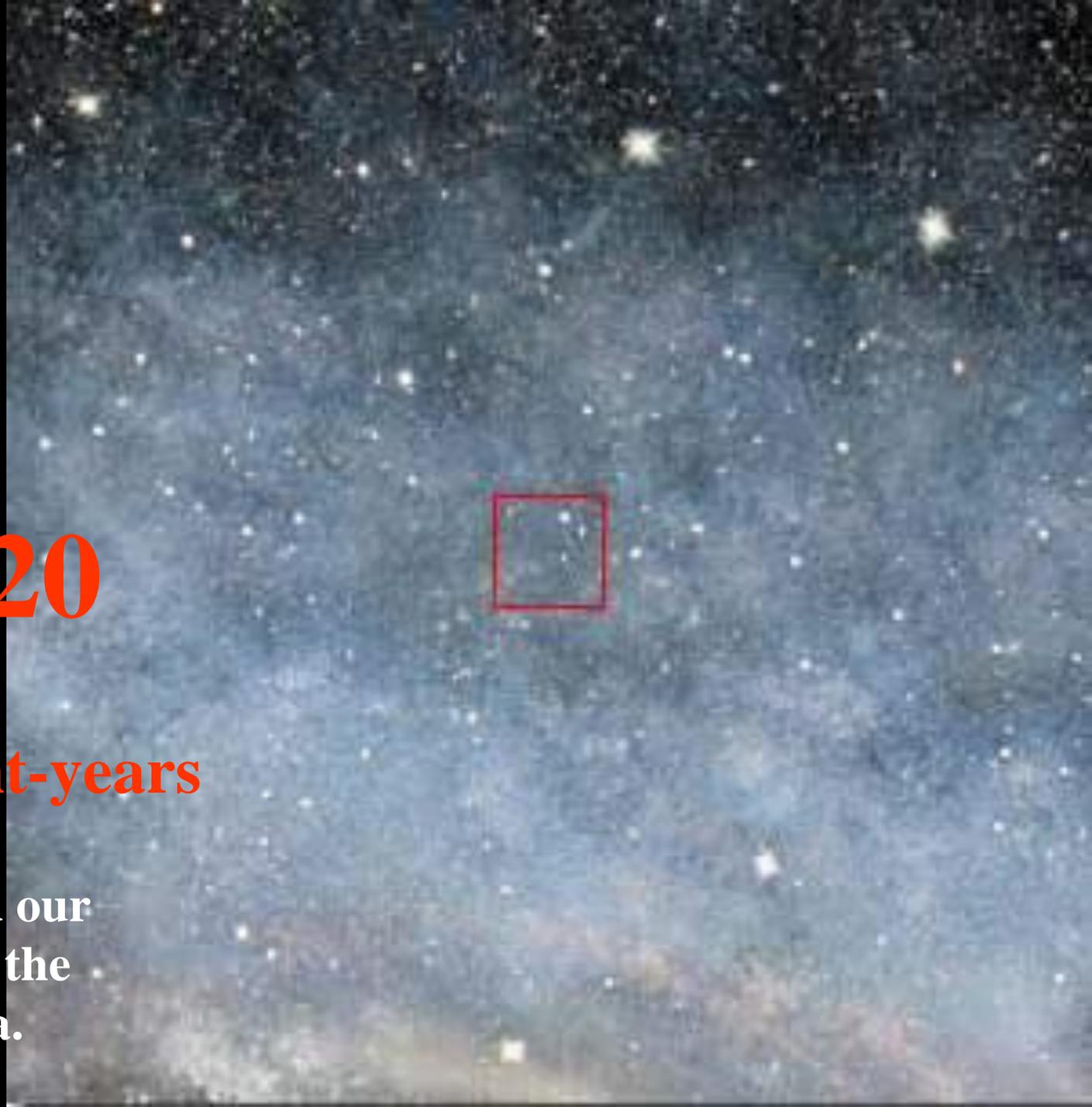


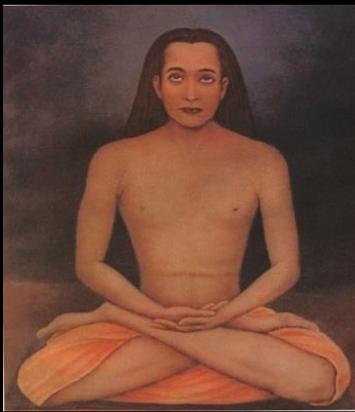


**$10^{20}$**

**10,000 light-years**

**We continued our  
travel inside the  
Via-Láctea.**



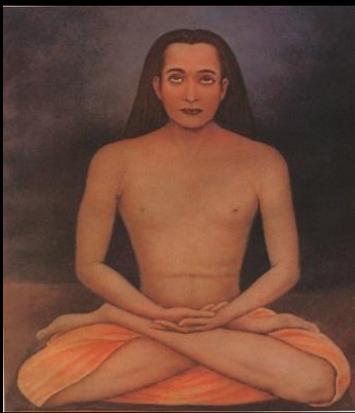


**$10^{21}$**

**100,000 light-years**

**We started  
reaching the  
periphery of the  
Via-Láctea**





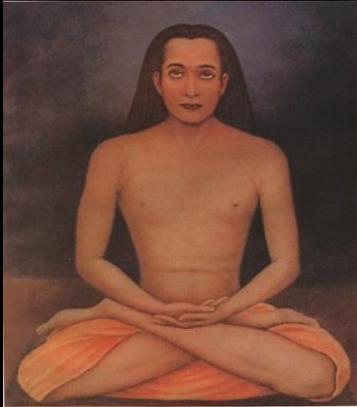
**$10^{22}$**

**1 millón light-years**

**At this  
tremendous  
distance we could  
see all the  
Via-Láctea &  
other galáxies  
too...**



**$10^{23}$  - 10 million light-years**

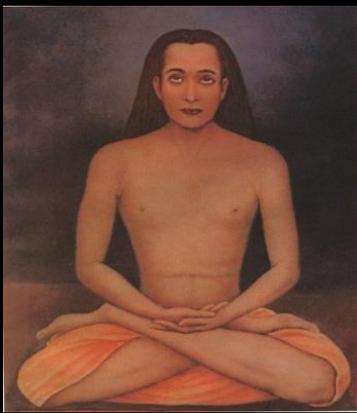


**From this distance,  
all the galaxies look small with immense  
empty spaces in between.**

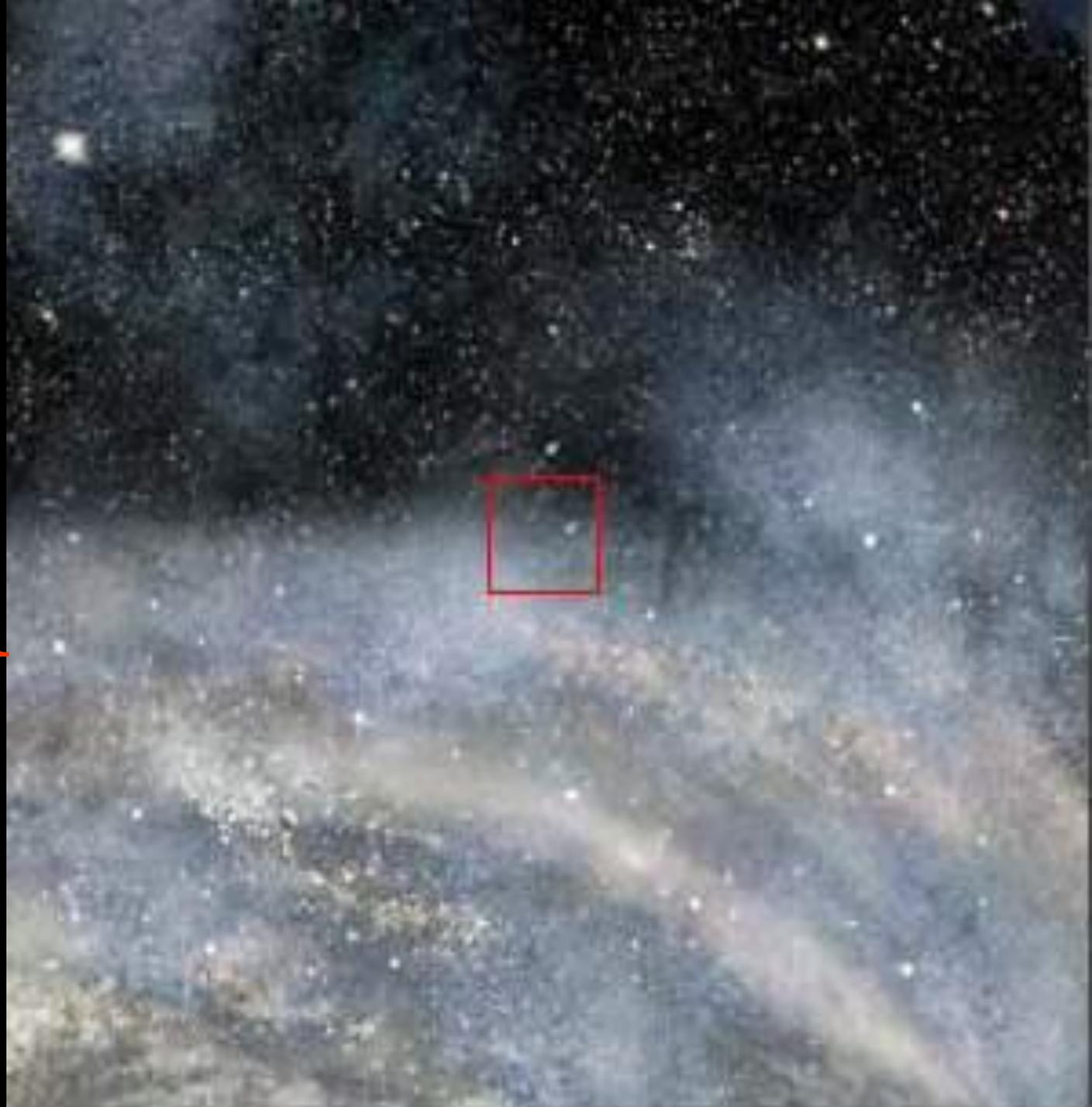
**The same laws are ruling in all bodies of  
the Universe.**

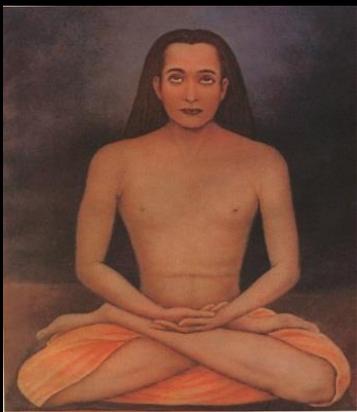
**We could continue traveling upwards  
with our imagination, but now we will  
return home quickly.**





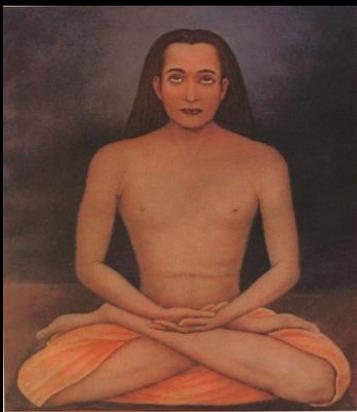
**$10^{21}$**





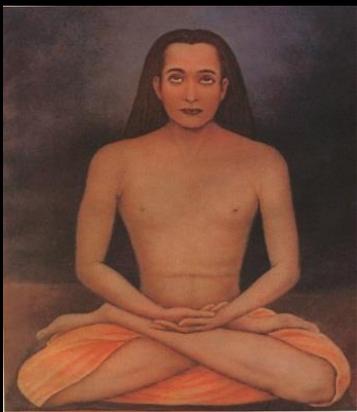
**$10^{20}$**





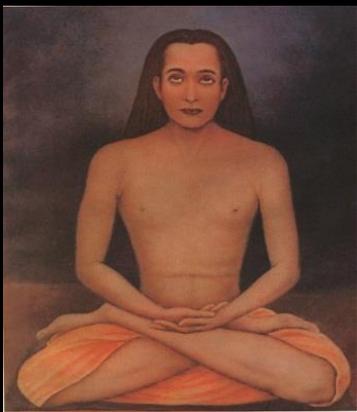
$10^{19}$





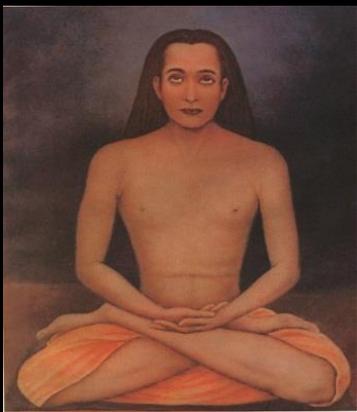
**$10^{18}$**



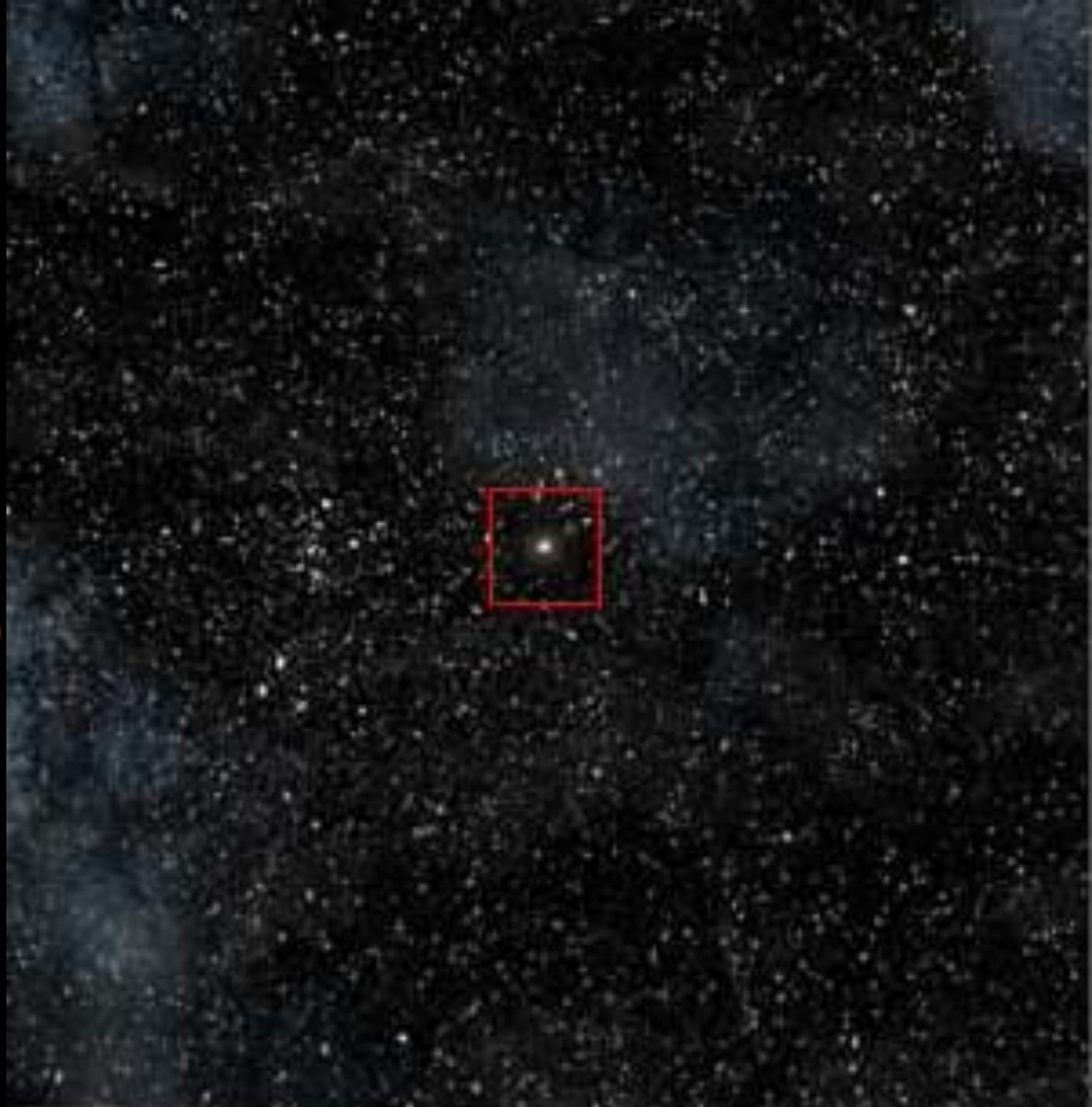


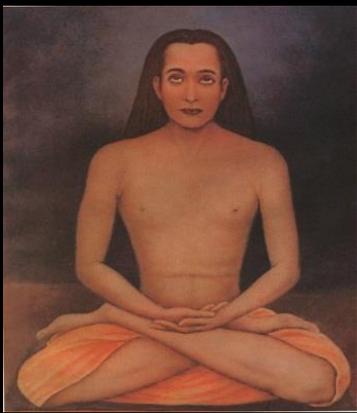
**$10^{17}$**





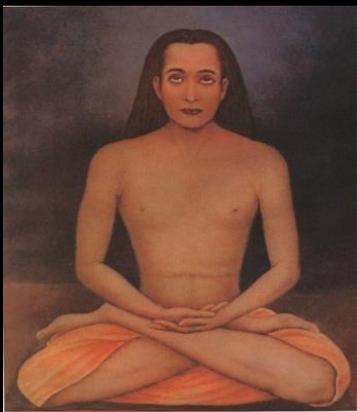
**$10^{16}$**





**$10^{15}$**



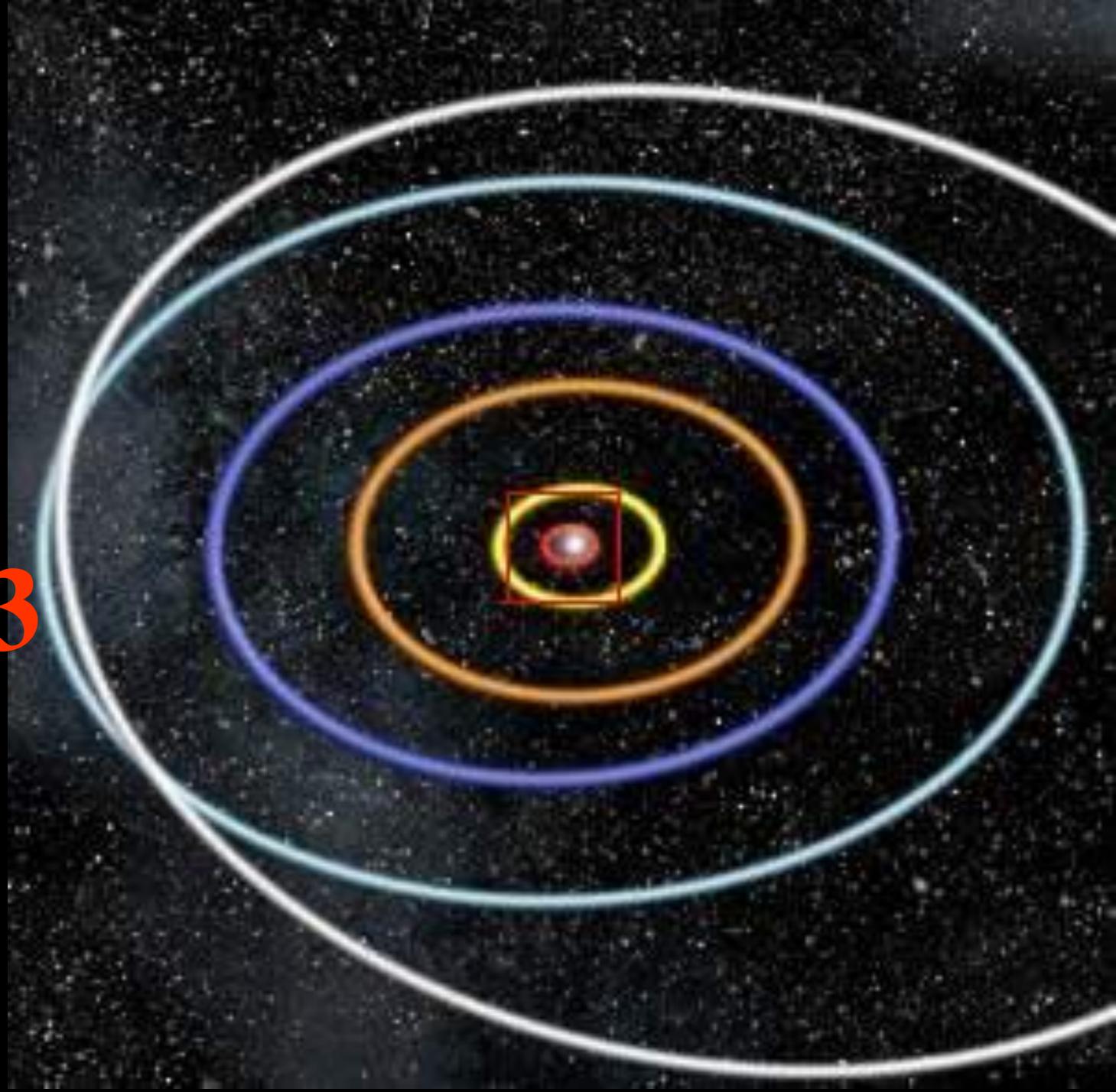


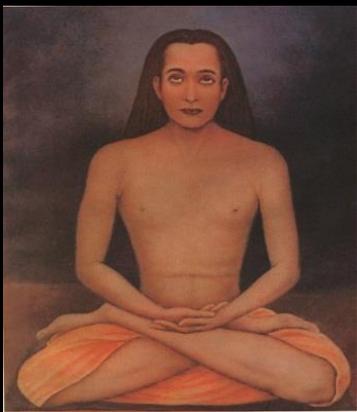
**$10^{14}$**





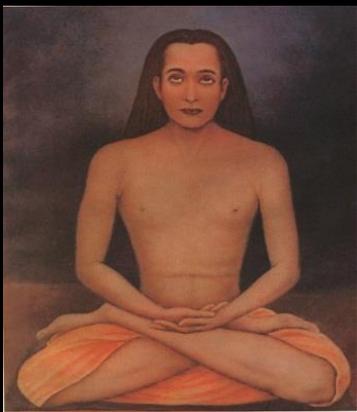
**$10^{13}$**



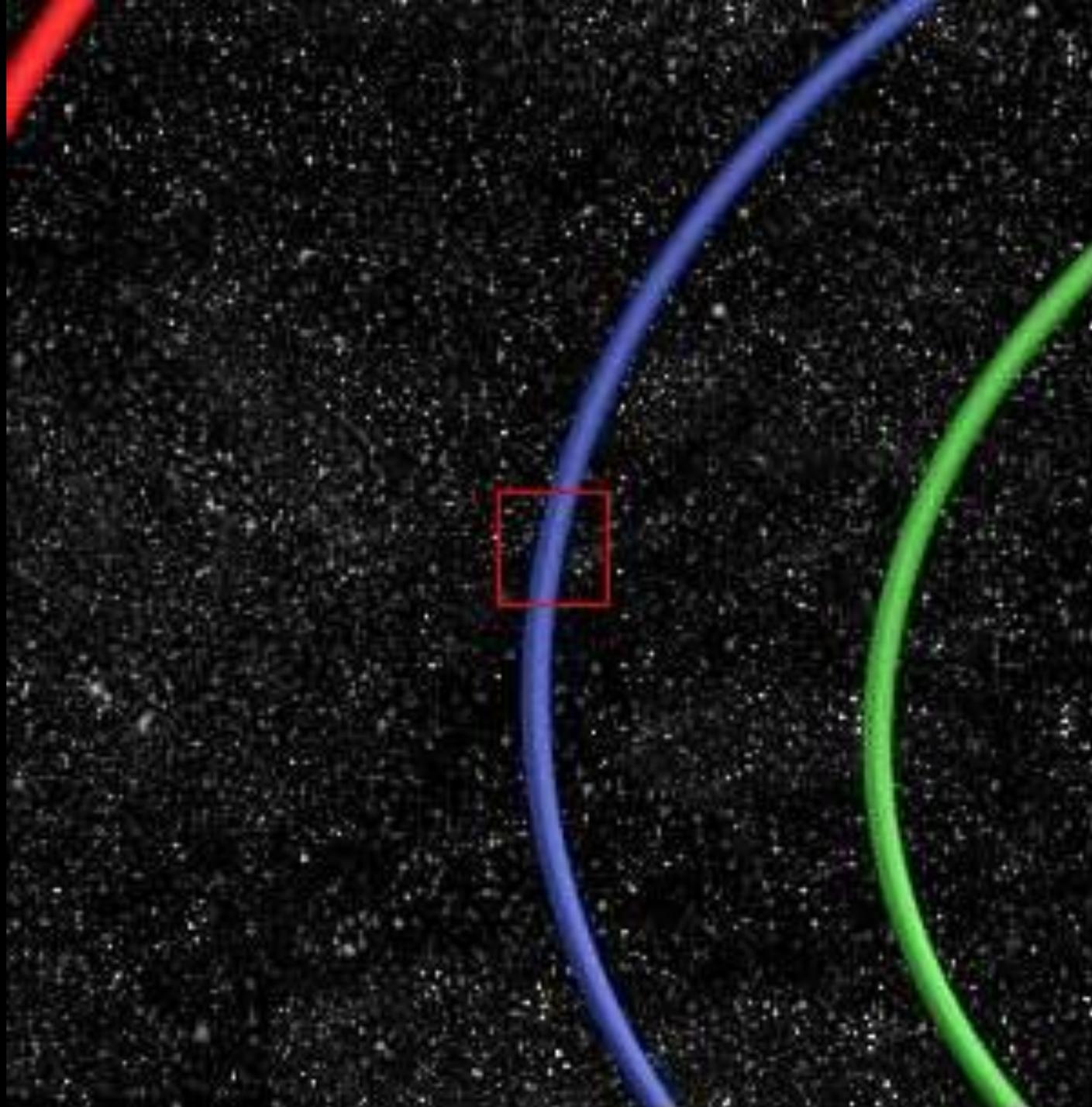


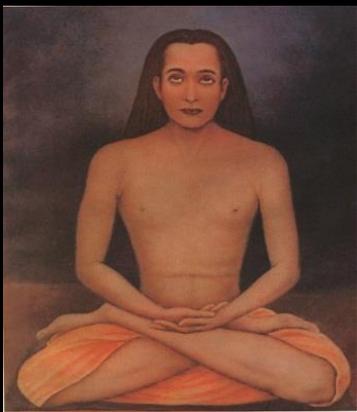
**$10^{12}$**





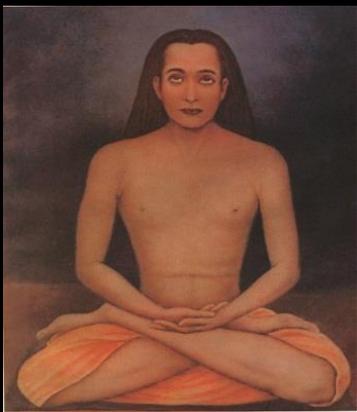
$10^{11}$



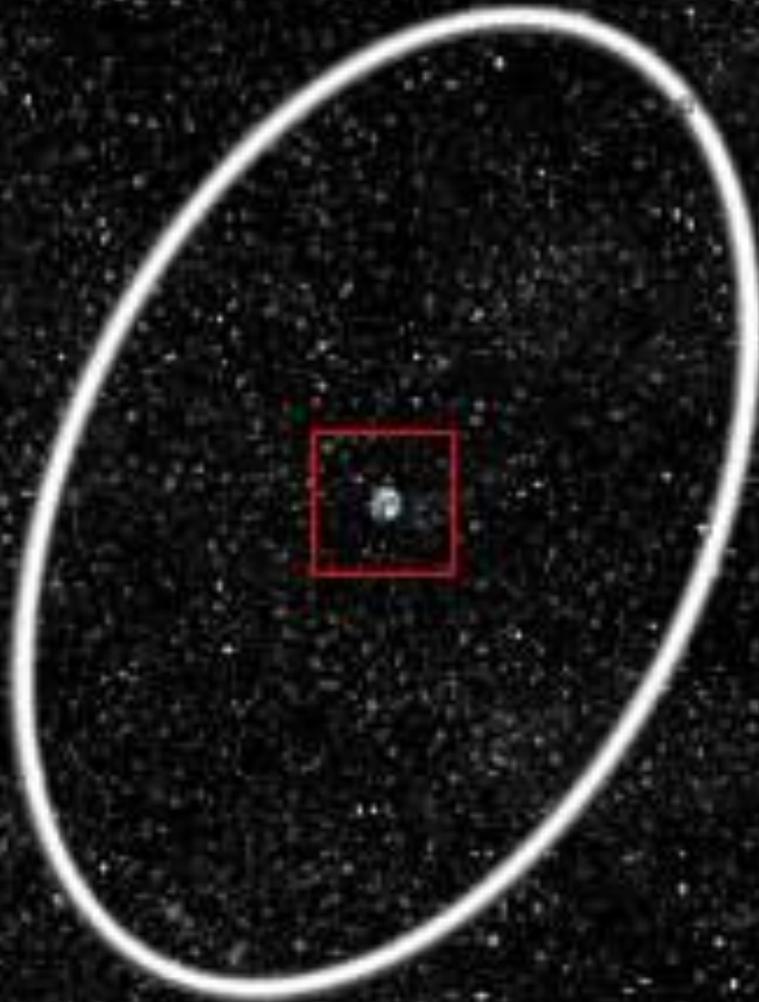


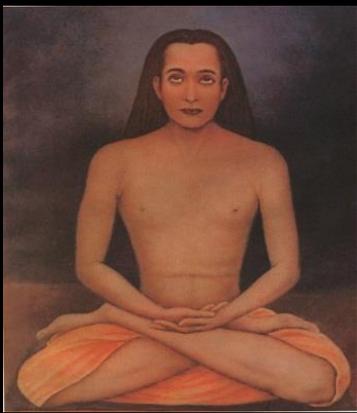
**$10^{10}$**





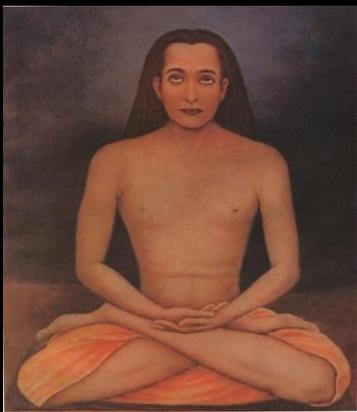
**$10^9$**





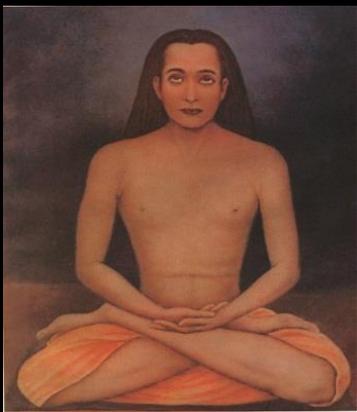
$10^8$





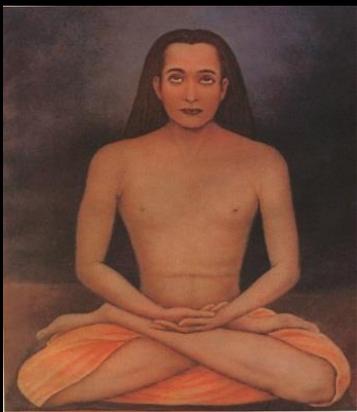
$10^7$





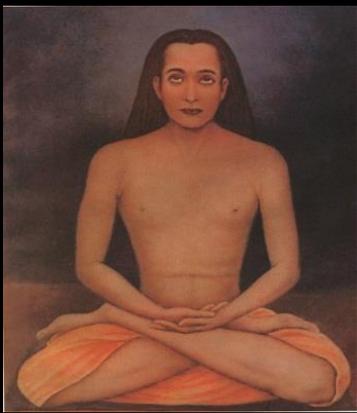
$10^6$





$10^5$





**$10^4$**

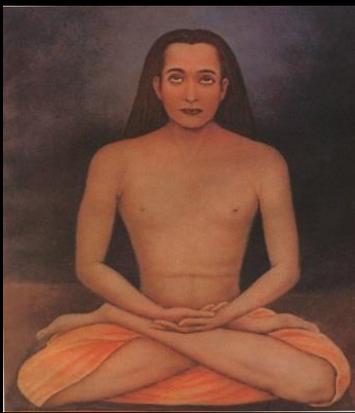
**Questions that come to  
our minds ...**

**Who are we?**

**Where are we going?**

**Where did we come from?**

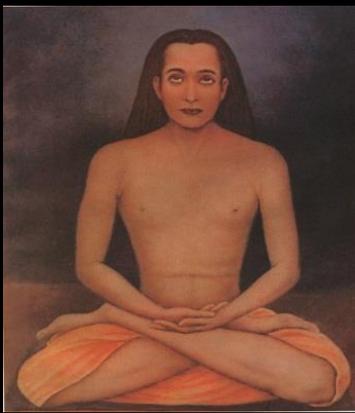




$10^3$

Or... What do we  
represent in the  
Universe?

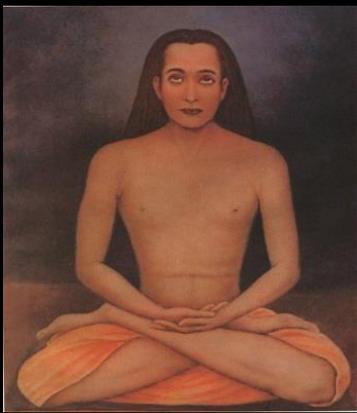




**$10^2$**

**In this trip  
“upwards” we went to  
the power of 23 of 10**

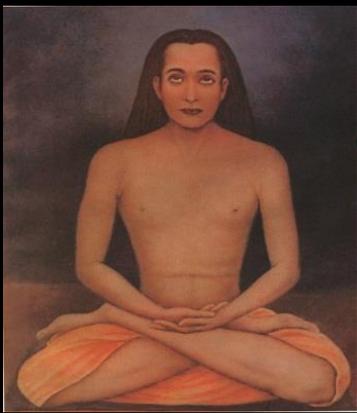




**$10^1$**

**Now we are going to dig  
inside of the matter in  
an inverse trip...**

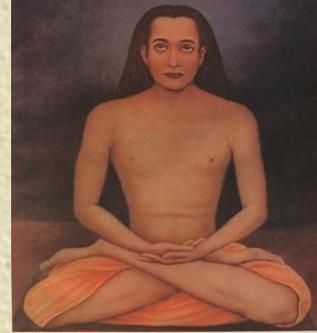




**$10^0$**

**We arrived at our starting  
point.  
We could reach it with our  
arms...**

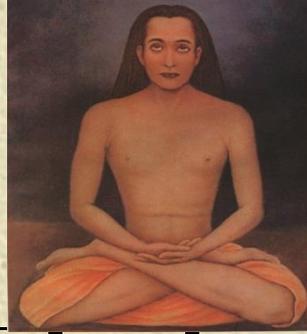
SO, VVIPs



Any Doubts?

Any more bragging, or inflated egotistic  
claims about your Role, Relative  
Importance and Contribution in the  
Grand Design called 'Existence'?

Humbled?



# 'Attributes – The Right Mix'

✦ 'भय और लालच' – 'लाभ' और 'याद'

✦ Should let people know and do their job –  
'सारथी' या 'धनुर्धर'

✦ Not just Knowledge – Wisdom of 'कहाँ बांसुरी  
बजानी है, कहाँ सुदर्शन चक्र उठाना है'

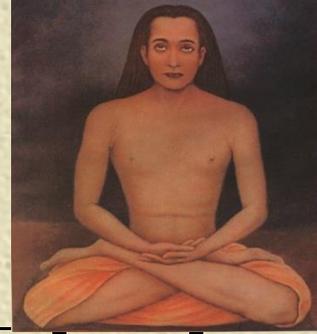
✦ 'सत्य, साहस और समर्पण'

✦ 'सत्य, धर्म और न्याय'

✦ Identify Goodness, Encourage, Protect, and  
Promote goodness (3months)

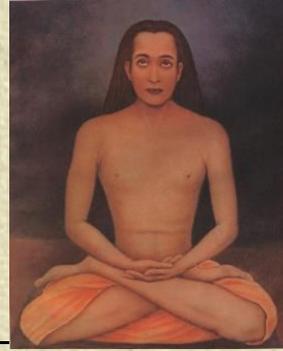
✦ No bad soldiers under a good commander

# 'Experiments with Truth'



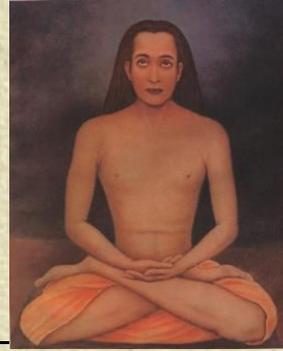
- ✦ Farmers' Children, Servants' children
- ✦ Women's Safety – Village Compulsions
- ✦ Pure Money– Impure Money
- ✦ Temptations, Taunts, Threats, Torture to make you comply with the prescribed OLOs – Be prepared – Study Leave Harvard
- ✦ 'चोरी, चापलूसी और चरित्रहीनता'
- ✦ Each one of you... Be an Anchor.... A father figure... A mile stone....

# 'Some useful Tips'



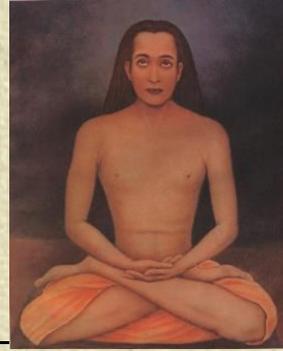
- ✦ Inner Integrity- सिर्फ नीयत देखता है...
- ✦ Surrender
- ✦ Humility- Behavior with others
- ✦ यदि मन ईश्वर में स्थित हो....
- ✦ 'सत्यमेव जयते' is an eternal truth
- ✦ ब्रह्मचर्य - दुनियादारी – Doll & Daughter
- ✦ धर्म, अर्थ, काम, मोक्ष....
- ✦ शरीर से जुड़ी हुयी इच्छाये...

# Spiritual Clues!



- 
- ✦ Money – No connection with Happiness,
  - ✦ No Martyr Syndrome... जैसा समर्पण, वैसा संरक्षण
  - ✦ दूसरों में दोष दर्शन नहीं करना है.....
  - ✦ 'निष्काम कर्म'.. सत्ता का हिस्सा हो... सच और झूठ में से एक को पहचान लो.....
  - ✦ Invent reasons to be miserable
  - ✦ सुख – दुःख (Age of Packages)
  - ✦ साक्षी भाव काफी नहीं है..... Take control...

# Cosmic Truths !



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✧ Universe is essentially neutral [www.misery.com](http://www.misery.com)

✧ Grace is all pervading

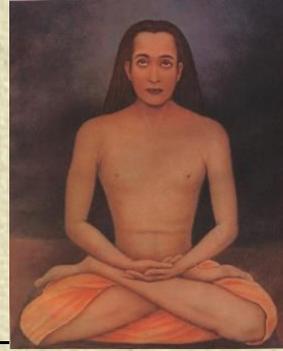
✧ Campus recruitment

✧ Spirituo system

✧ How much Money?

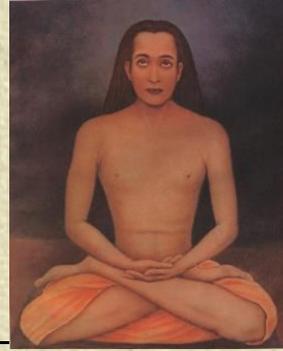
# Worldly existence for what?

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- ✦ Learn the techniques to 'Breathe' and 'Think'. Salsa Classes
- ✦ Use this world as a finishing school to graduate into the higher realms of consciousness.
- ✦ Graceful exit...both education and career

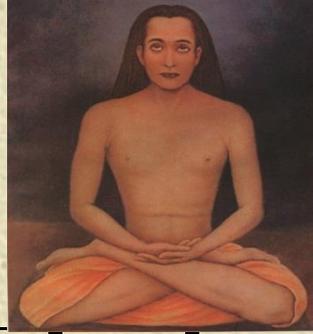
# 'Suggestions for Youngsters'



- ✦ 'गुलामी , नौकरी, सेवा'.....नौकरी करो, चाकरी नहीं
  - ✦ 'अफसरी नहीं सेवा'
  - ✦ 'कथनी-करनी'
  - ✦ Forgive and Ask Forgiveness
  - ✦ बाबा की ऊँगली पकडे रहना...
  - ✓ 'नामजप' - Meditation
  - ✦ Practice Death for 10 minutes everyday
  - ✦ Read your scriptures
- 'Constant remembrance of God is the Secret'

# 'Question Paper'

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✦ ज़िन्दगी कैसे गुज़ारी?

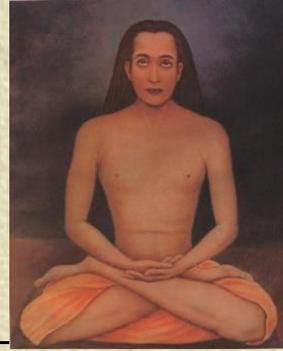
✦ जवानी कैसे गुज़ारी?

✦ दौलत कैसे कमाई?

✦ उस दौलत को कैसे इस्तेमाल किया?

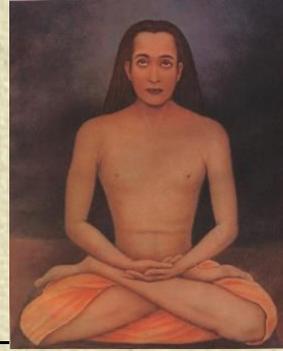
✦ जो ख़ास हुनर सिर्फ़ तुम्हे बख़्शा था उसका क्या और कैसे इस्तेमाल किया?

# 'The Fire Wall'



- 
- भोगना भी नहीं है, भागना भी नहीं है!
  - जो मेरे राम का नहीं है, वो मेरे काम का नहीं है!
  - पाप में भागीदार, माँ बाप के भी नहीं बनना है!
  - ईश्वर के यहाँ 'डॉलर' भी नहीं चलता है!

# 'Moral of the Story'



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Process of purification is gradual.

So, Don't Despair

'Begin with self,

Begin small,

Begin today'

# Remember.....

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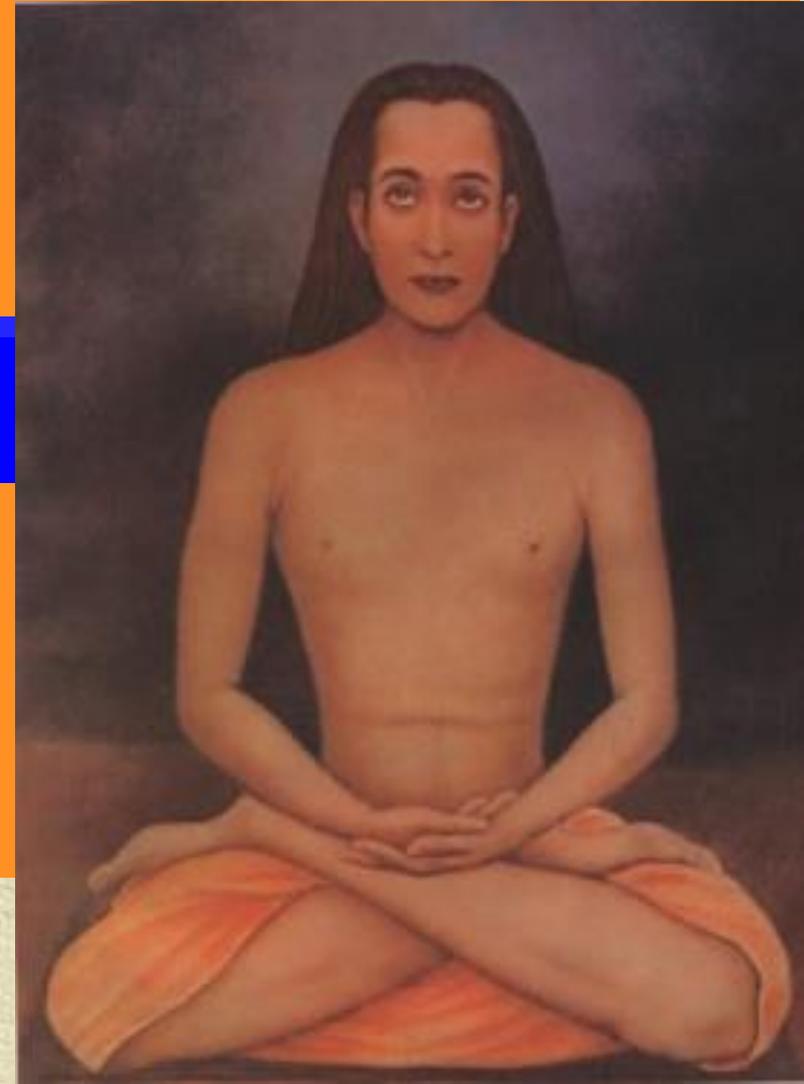
" A Prayer, A Master Act, A King Idea  
can link man's strength to a transcendent  
Force.

Then miracle is made the common rule,

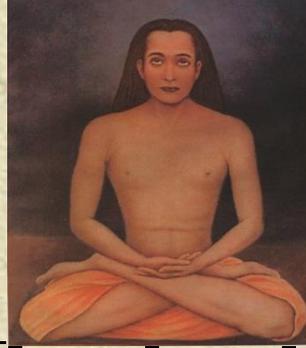
One mighty deed can change the  
course of things"

- Sri Aurobindo

‘तेरा तुझ को अर्पण.....



Thank you..



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Thank God!

"TEA BREAK"